

# body & soul

## Body & Soul Fair

Dundee, Caird Hall, DD1 3RA

Weekend of 26<sup>th</sup>/27<sup>th</sup> January 2007

11.00am – 5.30pm

Stallholders Present (as of 13/12/07)

Aberdeen College of Shiatsu	01224 662878	Shiatsu treatments and courses
Amber Emporium	07814 122787	Spirit sprays, gem elixers, salts, meditation cds
Angela Hodnett	<b>Sat only</b> 01382 825413	Kinesiology
Baha'I Faith	01382 827418	Books, leaflets, magazines and information
Brahma Kumaris	01224 639105	Meditation books/cds and information on classes
Carbecian	01651 873945	Shamanic products, jewellery, drums/didgeridoos
Chris Barry	01670 737968	Clairvoyant, medium, tarot
Clairvoyance with Marcelle	0191 456 0690	Clairvoyant medium
Complementary Therapies	01382 530838	Reiki, IHM, Tibetan head / Thai hand massage
Dianne Lang Foundation	01462 685402	Promoting South African children's Charity
Doon Hill Books / Donald McKinney	01368 862717	New Age bargain books and Author bookstall
EFT UK	<b>Sat only</b> 0131 339 6979	Emotional Freedom Technique
Four Winds Meditation	07739 854399	Singing bowls, cds, books, meditation stools
George MacKenzie Bio Energy	01382 330220	Bio Energy & Biaura therapy
Gordon Soutar	07717 682860	Sekhem, EFT, Ihm, EmoTrance
Harmony Healing Therapies	01383 881616	Combination treatments, crystal goods, incense
Helena	0131 339 2835	Tarot consultant
Jeff Errington	0191 287 4433	Clairvoyant medium and tarot
John Ballantine	07759 559912	Angel Reading, Angel Therapy
Kai Taylor	<b>Sat only</b> 0141 583 1577	Spiritualist and medium
Kimba Syng	<b>Sun only</b> 0141 633 5576	Clairvoyant spiritual advisor
Kitty Soaps	01382 527 204	Herbal, organic handmade bath/skincare items
Lara Wells / Psychic Voice	<a href="http://www.lara-wells.com">www.lara-wells.com</a>	<b>Special Guest Speaker</b>
Light Ray Silver	07968 127207	Silver gemstone jewellery & light ray wands
Light Within	01324 719832	Spirit Guided art and readings.
Lotus Crystals	01563 822211	Geological Minerals and Crystals
Lunicorn	0141 586 9599	Celestial & unicorn themed handcrafted gifts
Margot Scott	0131 668 2655	Clairvoyant medium
Michael Spence	0131 664 7854	NLP Training development and therapy.
National Federation of Spiritual Healers	<b>Sat only</b> 0131 441 7130	Spiritual healing and training programmes
Nature Cures	07772 080273	NLP, Natural therapies, detox and products
Share International	0131 477 3886	Information on Transmission Meditation
Tres Bon Coaching	<b>Sat only</b> 07784 550278	Life coaching, nlp, motivation/sports coaching
Ultimate Answers	01786 447453	Mediumship
Whitehall Therapies	<b>Sat only</b> 01382 221469	Reflexology, Kinesiology, Homeopathy, Nutrition
<b>Stall Holders not present</b>		
Tayview Yoga / Alison Christie	01382 553369	Yoga classes. <a href="http://www.tayviewyoga.co.uk">www.tayviewyoga.co.uk</a>

Body and Soul Events are intended as a source of information and cannot be held responsible for their exhibitors or any advice offered by them.

Please note that talks may be subject to change

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# ∞ Free Talk Programme ∞

## Saturday 26<sup>th</sup> January

- 12.30pm **EFT (Emotional Freedom Technique)** **EFT (UK) Alan Morison**  
Ancient Chinese knowledge applied with a 21<sup>st</sup> Century approach! Discover how EFT works and experience the EFT effect in a live demonstration. Easily learned by all.
- 1.15pm **Become a No Limit Person with NLP** **Michael Spence**  
Come and learn how you can overcome barriers and obstacles in your life with this brief introduction to the skills and techniques of Neuro Linguistic Programming. Fun and Inspirational.
- 2.00pm** **Motivational Mediumship** **Special Guest - Psychic Lara Wells**  
**A positive talk about Lara's psychic work and how we can all learn to follow our intuition. By enhancing our natural abilities and gifts we can develop a much more positive frame of mind and improve our life. Come along and hear about Lara's experiences and find out how the *Psychic Voice* came to be.**
- 3.00pm **Tranquility Zone** **Baha'i Community Dundee**  
A Devotional Programme of Readings and Music for Mind, Body and Spirit, followed by an introduction to the Baha'i Faith.
- 3.45pm **Saving Mandela's Children** **Dianne Lang**  
Dianne will tell us the true story of South Africa's unwanted children based on her experiences of running a children's home there for many years.

## Sunday 27<sup>th</sup> January

- 12.30pm **Energy Work With Angels** **John Ballantine**  
Seeing is believing. Come along and learn how to be more aware of angels in your life, how to make contact with them and learn to work with them for a better life.
- 1.15pm **Detox Your Way To Health** **Allyson Baird & Bryce Redford – Nature Cures**  
The role of detox in health. Allyson will discuss the various methods and benefits of mind body detox.
- 2.00pm** **A Demonstration of Motivational Mediumship.** **Special Guest – Lara Wells**  
**Lara will demonstrate her fabulous gift of talking to spirit and will have you laughing and feeling more positive in yourself and your ability to see and feel those that are unseen around us. Can you really afford to miss this?**
- 3.00pm **Healing is Potential** **George MacKenzie**  
Modern day life has not put emphasis on healing. George will endeavour to explain what healing is really about and why it is of such importance in today's world.
- 3.45pm **Drum Healing** **Lorraine Poole**  
A demonstration and talk on using the frame drum to cleanse, ground, protect and transform your energy field.

*( This programme is subject to change )*

We are sure you will enjoy and receive great benefit from having readings but if you have any concerns please discuss it with the reader **before you pay the fee**. Body & Soul cannot be held responsible for any arrangements made between readers and customers.

**Forthcoming Body & Soul Fairs: Glasgow Feb 23/24; Aberdeen Apr 5/6; Edinburgh Apr 26/27; Glasgow May 17/18. Please see our website for further details.**

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