

body & soul

Aberdeen Body & Soul Fair

5th/6th April 2008 Beach Ballroom 11.00am – 5.30pm

Stallholders (as at 1st October)

Aberdeen College of Shiatsu	01224 662878	Shiatsu treatments and courses
Aberdeen Healing Centre	01224 591700	Spiritual healing and training
Academy of Crystal & Natural Healing	01464 861584	Crystal/sound healing; crystal skulls, jewellery
Anne Booth	01779 841816	FLP - Aloe Vera product range
Banff and Buchan College	01346 586100	Therapy courses Info: Reiki, Reflexology, IHM
Brahma Kumaris	01224 639105	Meditation books/cds and information on classes
Buddha Who? Sun only	07854 117647	Reflexology therapies, Ihm, reiki, foot-reading.
Carbecian	01651 873945	Shamanic products, jewellery, drums/didgeridoos
Chris Barry	01670 737968	Clairvoyant, medium, tarot
Doon Hill Books / Donald McKinney	01368 862717	New Age bargain books and Author bookstall
Dru Yoga	01324 820392	Info on local classes, yoga teacher training etc
EFT UK	0131 339 6979	Emotional Freedom Technique
Energy Therapies	08453 707087	Spiritual healing;angelic/Shamballa reiki; sekhem
Esoteric Earth	07731 669219	Crystals, minerals & hand-made jewellery
Fairyland Aromatics	01877 382 349	Essential oils; handmade skin remedies/creams
Four Winds Meditation	07739 854399	Singing bowls, cds, books, meditation stools
Francesca	01506 491756	Medium and tarot card reader
Full of Energy	07919 034407	Bioacoustic vocal profiling programmes
Gordon Soutar	07717 682860	Sekhem, EFT, Ihm, EmoTrance
Herbalife	07968 606769	Herbalife health & nutrition products
Jeff Errington	0191 287 4433	Clairvoyant medium and tarot
Jill McLennan	01224 644474	Angelic reiki, sekhem
Joan Frances Boyle	01698 331008	Aura Photography, Past Life Therapy, Book/cds
John Ballantine	07759 559912	Angel Reading, Angel Therapy
Julie Williams	0208 3659003	Card readings
Katarina	01279 842390	Palmistry and tarot
Kimba Syng	0141 633 5576	Clairvoyant spiritual advisor
Light Within	01324 719832	Spirit Guided art and readings.
Likisma	01667 460481	Aromatherapy products, detox, immune boost
Living With Harmony Therapy Sat only	01875 340890	Living With Harmony Therapy
Lotus Crystals	01563 822211	Geological Minerals and Crystals
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Lunicorn	0141 586 9599	Celestial & unicorn themed handcrafted gifts
Melinda Jarvis	07958 651214	Palmistry and tarot
Michael Spence	0131 664 7854	NLP Training development and therapy.
Nature Cures	07772 080273	NLP, Natural therapies, detox and products
No Hands Massage	01764 684365	Massage and Likisma aromatherapy products
Reiki Training Centre		
Share International	0131 477 3886	Information on Transmission Meditation
Special Guest Sandy Newbigging	0845 1000 249	Mind Detox retreats, workshops, clinics, books
Susie Clouston	01224 324018	Angel Product, books, cds
The Rosicrucian Order	01466 730327	Leaflets, books and information
Tir na Nog	01360 449300	Therapy and Holistic Centre, workshops, gifts
Stall holders not present		
Tres Bon Coaching	07784 550278	Life coaching, nlp, motivation/sports coaching
Krysalis Training	07751 347681	Training & courses in healing/psychic therapies
The Psychic Voice	thepsychicvoice.com	National psychic newspaper
Orchid International and The Self Esteem Company Principal: Patricia Cleghorn	orchidinternational.co.uk selfesteemco@aol.com 01333 451822	Personal focus programmes ...to help you flourish Move Forward with Confidence programmes for 16-26 year olds and adults with Tutor training
Dianne Lang Foundation	www.diannelang.com	South African children's Charity

☯ Talk Programme Saturday 5th April ☯

Room 1

- 1.00 **Vocal Profiling** **Lilias Kerson**
Groundbreaking technology which uses a recording of your voice to give a detailed analysis and picture of your health on all molecular levels. This is an exclusive in Scotland. Come along and be amazed!
- 2.00 **Mind Detox** **Special Guest – Sandy Newbigging**
Mind Detox is a remarkably effective way to aid the healing of physical problems and enjoy greater peace and happiness. Sandy is the mind detox therapist as seen on UKTV's hit "Spa" series, author of 4 books, has clinics in Edinburgh, London and Istanbul and runs retreats in the UK and overseas. "Sandy is pioneering mind-body detox" - The Times.
- 3.00 **Energy Work With Angels** **John Ballantine**
Seeing is believing. Come along and learn how to be more aware of angels in your life, how to make contact with them and learn to work with them for a better life.
- 4.00 **Come and Meet The Unicorns** **Lunicorn**
This is a session for small kids and big kids! Not only are unicorns a symbol of Scotland, they also represent self belief. Here today you and your child can enjoy learning about the magic of these fabulous creatures and be taken on a magical meditation to meet your unicorn.

Room 2

- 12.00 **EFT (Emotional Freedom Technique)** **Alan Morison**
Ancient Chinese knowledge applied with a 21st Century approach! Discover how EFT works and experience the EFT effect in a live demonstration. Easily learned by all.
- 1.00 **Learn to Relax** **Brahma Kumaris**
Meditation is the tool to open the space within. Come along and experience it for yourself.
- 3.00 **Singing Bowls Concert** **Peter Halley**
EXCLUSIVE! Come and hear Peter play a range of Himalayan singing bowls. Listen, meditate and absorb these amazing healing sounds.
- 4.00 **The Return of Maitreya : The Greatest Event in Human History** **Share International**
Imagine a world free of war, poverty and injustice, where sharing and co-operation replace greed and competition. Maitreya, the World Teacher, along with the Masters of Wisdom, is now among us. Come and hear this remarkable story of hope, and how you can be involved in making it a reality.

Room 1

☯ Sunday 6th April ☯

- 1.00- 3.00 **Mind Detox Workshop** **Tickets £6** **Special Guest: Sandy Newbigging**
Apparent miracles can happen when you detox your mind and reconnect with your inner peace and happiness. Physical problems can heal, relationship difficulties often dissolve, and career, financial and family stresses can frequently subside. You can also become like a magnet to your desires attracting them into your life. During this very special 2-hour workshop, Sandy will share how you can discover and resolve the hidden causes to your health or life problems, clear a lifetime of negative emotions in minutes AND instantly feel more peace and happiness than you thought possible! It's an opportunity not to be missed. **(Tickets are available in advance from Body & Soul Events 01368 862717 or at the door).**
- 3.00 **NLP: The Coat of Many Options** **Michael Spence**
Joseph had his technicolour dreamcoat. We in Neuro Linguistic Programming have our own coat, the coat of many options that is presuppositions. Like the other coats it's only effective if worn but it can make a difference to your life! Curious? Like to know more? Then come along and be inspired.
- 4.00 **Drum Healing** **Lorraine Poole**
A demonstration & talk on using the frame drum to cleanse, ground, protect and transform your energy field.
- Room 2
- 12.00 **Foot Reading** **Jacqueline Munro – Buddha Who?**
This is a way of looking at your personality through the feet that is fun and allows you to move forward in your life. Come along and find out what your feet say about you!
- 1.00 **Emotrance** **Gordon Soutar**
A simple and effective meridian energy therapy, without tapping. Informative talk and demonstration.
- 2.00 **The Healing Vibrations of the Didgeridoo** **Carbecian**
Come along and find out about the history of the didgeridoo, how it has evolved, its shamanic uses and healing powers. You will also have a chance to hear and experience its amazing sound for yourself
- 3.00 **Detox Your Way to Health** **Bryce Redford – Nature Cures**
Come along & find out the amazing role of detox in your health & how you can work with your bodymind to improve your health and wellbeing.
- 4.00 **The Gentle Flame** **Steve Rhodes – The Rosicrucian Order**
The journey into self, the most wonderful journey you will ever make. Come along and find out more.

Please note that listings and talk programme may be changed at short notice.

The next Body & Soul Fair in Aberdeen will be on 18/19 October 2008

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